

Unisex Trip List – Ireland: 7-10 days

trip/dates: \_\_\_\_\_

*The Ireland Expert.com*

2 pairs pants	Lysol spray - travel size	restaurant lists, Internet notes
1-2 skirts/dresses	bandaids, bandages, moleskin	itinerary, hotel information
2-4 shirts/blouses	diarrhea treatment	maps, guidebook excerpts
swimsuit, goggles	Bacitracin, antihistamine/ Benedryl	reading material
dark (cardigan) sweater	Epi-pen	large envelopes x 2
rainwear: nylon shelljacket, umbrella	vitamins	mailing tube, bubble wrap
stuffable parka, coat or equivalent	sun block, lip balm	address book/labels/ gluestick
3+ pairs socks/ knee-hi's	makeup	passport
3+ pairs undies/bras	glasses & sunglasses, extra contacts	credit/debit cards, phone cards
long johns, silk or Coolmax	lens cleaner, contact prescription	foreign cash
beach cover-up/nightwear	other prescription or OTC drugs	emergency contact #'s
scarves	small scissors	driver's license
hat or visor	nail clippers/polish/remover pads	health insurance info
1 pair dressy shoes	Platypus or other reusable water bottle	travel tickets (optional)
1 pair walking shoes/boots	daypack/small purse/extra tote bag	copies of passport & cards
Tevas or other sandals	luggage locks/ keychain carabiners	extra copies to leave @ home
costume jewelry	wash cloth	security pouch
watch	universal flat sink stopper	family/friends gifts
Swiss Army knife	door stop	hard candies, tea bags
inflatable travel pillow or Trtl pillow	closetline, inflatable hangers	small Tupperware container
safety pins, rubber bands	toilet paper/Kleenex/wet wipes	
duct tape, needle & thread	camera, battery, storage media	<i>Optional:</i>
Ziploc bags: 2-gal, 1-gal, mini	Travel power strip, UK adapter plug	Collapsible cup
Purel waterless handwash	small binoculars	Incense
toothpaste, brush, floss	mobile phone and charger	coffee singles
razor, shaving gear	mag lite, extra batteries & bulbs	Cooler bag
comb &/or hairbrush	small compass, small mirror	candles
hair dryer-UK plug or adapter	pens, markers, highlighter	small jar peanut butter
shampoo, conditioner	small notebook	
deodorant, foot soak & cream	bound journal	<i>Buy at destination:</i>
liquid soap and/or body wash	Post-it notes	Stronger light bulbs
Febreze, spot remover	sketch pad, pencil	wine